



TOUR DETAILS

**CROSS COUNTRY SKIING**

GuideGunnar brings you to wonderful experiences between the mountains and the ocean.

Welcome to Arctic Norway!

[www.guide-gunnar.no](http://www.guide-gunnar.no)




You have multiple choices – you can enjoy skiing across rolling mountain plains or challenge more alpine areas. If you don't know how to ski 'Telemark' I would very much like to teach you the art of it. Welcome to Arctic Norway where the forces of nature and new horizons combined, will make your stay unforgettable.



**Raudfjellet**

We will commence easily the first day by following well prepared ski tracks up to the mountain plateau. After that, the trek will continue on to untouched snow and we will set our goal to a hill with a fine view across other, enticing mountain areas and the landscape around Tromsø.

NOK 1450 per person. **Time:** 10 am. **Duration:** 8 hrs. **No. of clients:** 2 - 12. **Grade:**   
**Start point:** 38 km from Tromsø. 15 km from Lauklines. **Tour length:** 16 km



**Kråskardet**

We will set out on a little ski trek through a wild and beautiful valley, which will finally bring us to the seaside in a fjord with a splendid view to the tallest mountains of Kvaløya. Here we will enjoy our lunch before we will return through the same valley.

NOK 1250 per person. **Time:** 10 am. **Duration:** 6 hrs. **No. of clients:** 2 - 12. **Grade:**   
**Start point:** 29 km from Tromsø. 6 km from Lauklines. **Tour length:** 13 km



**Finnheia**

We will follow the same prepared track which we start the trip to Ramfløydalen on, but will stop where we leave it on the longer trip and on this shorter one, we will just move a few metres outside the track, until we will find a so-called *gapahuk*, which is a cover made out of branches, where we will relax by a little campfire, enjoying our packed lunch. We will return following the same track.

NOK 1250 per person. **Time:** 10 am. **Duration:** 6 hrs. **No. of clients:** 2 - 12. **Grade:**   
**Start point:** 19 km from Tromsø. 28 km from Lauklines. **Tour length:** 8 km




**Manager: Gunnar Hildonen**  
 Kveldrovegen 52, N-9007 Tromsø  
 +47 93 443 443  
 info@guide-gunnar.no





**Ramfløydalen**


At the beginning of this trip, we will follow a prepared track the first 4 km, before we will leave it and go into a valley which leads us into untouched terrain. After some kilometres, we arrive a site where two valleys cross, from where we climb up through a pass where the mountains press together from each side of it. Safely at the top, we will be rewarded with a smooth downhill run lasting several kilometres, until we reach a small lake. Here, we might get sight of both elk and reindeer. We will move out of the valley, turning north, where we again will find the prepared track from earlier.

NOK 1450 per person. **Time:** 9 am. **Duration:** 8 hrs. **No. of clients:** 2 - 12. **Grade:**  **Start point:** 19 km from Tromsø. 28 km from Lauklines. **Tour lenght:** 24 km



**Fløya**


On this trip we will start by taking the mountain lift up to the mountain which towers up above the city, over at the mainland. After enjoying the amazing view, we will climb the next ridge where we will get an even wider view across the mountains surrounding the city of Tromsø. The trip takes us further inland and we will finally halt at Tromsdalstind, the mountain which is a symbol of Tromsø. After having lunch, we can enjoy a splendid way downhill which takes us almost all the way into the city. That is at least the sensation you will have, when you glide down the mountain sides above the city.

NOK 1250 per person. **Time:** 10 am. **Duration:** 6 hrs. **No. of clients:** 2 - 12. **Grade:**  **Start point:** 3 km from Tromsø. 37 km from Lauklines. **Tour lenght:** 13 km



**Kjølen**


After a short drive from the city, we will park the car in a mountain pass, where we will have a fine view back towards the island of Tromsøya. We will climb a mountain side which will bring us up to one of the most popular mountain areas around Tromsø, but in spite of its popularity, we will certainly find spots where absolute silence rules. On our way towards the top, where a radar installation is located, we will have an astonishing view across the ocean and innumerable islands. Getting close to the goal for today, we will even have a broad view eastwards, with the city of Tromsø below. The way downhill is normally well covered with snow, but the depth of it may vary from day to day.

NOK 1250 per person. **Time:** 10 am. **Duration:** 7 hrs. **No. of clients:** 2 - 12. **Grade:**  **Start point:** 15 km from Tromsø. 36 km from Lauklines. **Tour lenght:** 12 km



**Jodalen**

We will drive to the same area which is also the starting point on the trip to Kjølen, but from there we will turn north, into a flat stretch of land. We shall cover long plains and small hillocks and will find our way to a beautiful valley, which will be the end point for this trip and where we will enjoy our lunch. On our way back, we will visit a couple of ridges where we will be able to admire the view over the fjord north of Tromsø city.

NOK 1450 per person. **Time:** 9 am. **Duration:** 8 hrs. **No. of clients:** 2 - 12. **Grade:**  **Start point:** 15 km from Tromsø. 36 km from Lauklines. **Tour lenght:** 19 km

**Details:**

Start time is calculated from Tromsø. Duration time includes return transportation to Tromsø. Minimum price for one person, is the price x 2. **The price includes;** Ski equipment and skiing boots. **You have to bring;** A small daypack with; packed lunch, snacks, thermos flask, water bottle, extra sweater, camera. **You need;** Water- and wind proof clothes, good underwear, hat, scarf and warm gloves.

**The guide brings:** 1. first aid kit, survivor bag, shovel, map, compass, GPS, mobile phone.

GuideGunnar is planning several longer trips on the mainland. There will also be opportunities for overnight trips staying in lodge cabins.

**Grade:**

Easy



Medium



Hard

